



CURRICULUM VITAE MARIA GIULIA VINCIGUERRA

PERSONAL INFORMATION	Maria Giulia Vinciguerra Applied Clinical Sciences and Biotechnology Department (DISCAB) Coppito II via Vetoio L'Aquila, 67100, Abruzzo, Italy Mail: mariagiulia.vinciguerra@univaq.it
CURRENT POSITION	Associate professor
EDUCATION OTHER QUALIFICATIONS	- ISEF Degree obtained at the Aquilano Institute in 1984 - Degree in Exercise and Sports Sciences from the J Claude Bernaude University of Lyon in France in 1993 - Specialization in Evaluation of the Athlete's Physical Capacity "achieved at the Higher State Institute of Physical Education in Rome in 1999
TEACHING EXPERIENCE	TEACHING ACTIVITY 1999-2000: Adjunct Professor of "Theory and Methodology of Human Movement Applied to Sport" 2000-2005: Adjunct professor of "Motor Education" Adjunct Professor of "Teaching and Internship of the Human Movement applied to Sport" SSIS, specialization in Motor Sciences, UNIVAQ Adjunct professor of "Posture and Spinal Column" Adjunct professor of "Methodology of School Motor Activities" Adjunct Professor of "Methods and techniques of Motor Rehabilitation in the Old Age" MEDF / 02 University Researcher since 1 March 2005 at the University of L'Aquila 2006: Lecturer at the Board of Professors of the Research Doctorate in Disciplines of Motor and Sport Activities, UNIVAQ, from 21st to 25th cycle from 01/01/2006 to 31/12/2012 Teacher and Coordinator in the Specialization Schools for Teaching Qualification in the competition classes A / 029 and A / 030 Physical Education in the Second Sc. and Second. II degree from 1999 (SSIS) to date in the TFA courses and the current PAS and FIT courses Teacher of "Didactics, Internship of Motor Activity in Disability", PAS Motor Science Course Teacher of "Didactics, Internship of the Human Movement Applied to Motor and Sports Activities" SSIS, Sc. Mot. Professor of Theory and Methodology of the Human Movement L22 to date Lecturer in Adapted Motor Activity in Cardiovascular and Metabolic Pathologies LM67 to date Lecturer in charge of the Functional Assessment Laboratory, DISCAB, UNIVAQ from 2012 to date 2009: Teacher of Motor Activity in Disability, L22 from A.Y. 2009/2010 to date Lecturer at the School of Sport of the CONI Abruzzo Regional Committee as



	part of the Training Course for Sports Technicians, from 2017 to date 2018: Teacher and Head of the Italian Master of the Sc. Mot. "Personal Training, Performance, Kinesiology and Metabolic Disease" Teacher of Sport Pedagogy, FIT Courses, 24 CFU Coordinator in the Specialization Schools for Teaching Qualification A / 029 and A / 030 PAS and FIT courses
ACADEMIC APPOINTMENTS	From 1985 to 1999 Instructor and Contract Lecturer at ISEF L'Aquila From 1999 to Feb. 2005 Adjunct Lecturer Faculty of Sc. Mot. UNIVAQ Since 1 March 2005 Researcher in SSD MEDF / 02 UNIVAQ From 1 October 2020 Associate Professor SSD MEDF / 02 UNIVAQ
PROFESSIONAL APPOINTMENTS	From 1986 to 2005 Teacher of Physical Education in high schools and in the lower secondary school Qualification to Teach Physical Education in the classes of competition A / 029, A / 030 Qualification to teach English in Primary School



RESPONSIBILITY IN ACADEMIC ACTIVITIES	<p>Since 1999: Member of the "Commission for Admission Tests for First Year Students (SSIS)" Motor Sciences, University of L'Aquila</p> <p>Member of the "Commission for the Final Exams Enabling the Teaching of Physical Education" of SSIS UNIVAQ</p> <p>Member of the "Didactic Commission", Faculty of Sc. Mot. UNIVAQ</p> <p>Member of the "Commission for Educational Activities", Faculty of Sc. Mot. UNIVAQ</p> <p>Member of the "Library Commission", Faculty of Sc. Mot. UNIVAQ</p> <p>Member of the "Faculty Planning and Development Commission", Faculty of Sc. Mot. UNIVAQ</p> <p>Representative of Adjunct Professors in the Degree Course Council, Faculty of Sc. Mot. UNIVAQ</p> <p>Since 2005: Organizer of the National Conference "From Physical Education to Exercise Sciences: What Future?", Faculty of Sc.Mot. and Human Movement and Sport Science, L'Aquila March 10, 2006</p> <p>Organizer and speaker at the International Conference "Science, Movement in Italy and Europe: new scenarios or ancient traditions? UNIVAQ 10-01-2011</p> <p>Organizer and moderator at the International Conference sponsored by SISMES entitled "Physical Activity as a Drug?" UNIVAQ 17-11-2017</p> <p>Organizer and Moderator of the International Conference entitled "Orienting yourself in Europe: sharing actions on social diversity through culture and sport" UNIVAQ 10-04-2019</p> <p>Coordinator of the Integrated Course of Theory and Methodology of Human Movement, Faculty of Sc. Mot. and the current UNIVAQ L22</p> <p>Head of the UNIVAQ Functional Assessment Laboratory</p> <p>Head of the Orientation and Tutoring Sector of the UNIVAQ Motor Science Degree Courses</p> <p>President of the Council of the Didactic Area of the Degree Courses in Motor Sciences, UNIVAQ, from 2015 to date</p> <p>Head of the 1st Level Master In Personal Training, Performance, Kinesiology and Metabolic Disease - A.A. 2017/18</p> <p>Representative of the Degree Courses of Motor Sciences, DISCAB UNIVAQ in the National Conference of Heads of Degree Courses in Motor Sciences</p> <p>Rector's Delegate for Sports Activities, UNIVAQ from 2015 to date</p> <p>University Coordinator of the Regional Project for the Promotion of Motor Activity and the Correct Eating Style in the 1st and 2nd classes of Primary School as part of the Regional Prevention Plan.</p> <p>Representative of the University, at the technical table of the Abruzzo Region, in the Project of the Regional Prevention Plan 2014-2018 Action n. 9 - promotion of physical exercise through the creation of a network of territorial gyms activity n. 2 - Definition of regional guidelines for the promotion of physical exercise on the basis of existing national and international guidelines.</p>
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EDITORIAL BOARD,
EDITORIAL ACTIVITIES,
SOCIETY MEMBERSHIP

ALSTAFS: Association of Graduates in Sciences and Techniques of Physical and Sports Activities Turin, 1993. SIGM: Italian Society of Medical Gymnastics, Physical Medicine and Rehabilitation, from 1998 to today. In 2002 he held the position of regional secretary. AIBP: Italian Association of Biomechanics and Posturologists (AIBP) since November 2007. Association of Teachers of Methods and Didactics of Sports Activities (M-EDF / 01 and M-EDF / 02) since March 2007. SISMES: Italian Society of Motor and Sports Sciences, from 2010 to today. CISM Italian Committee of Motor Sciences, from 2016 to date. Member of the National Conference of Motor Sciences

SCIENTIFIC ACHIEVEMENTS
BIBLIOMETRIC INDICATORS

Scopus Author ID: 19 <http://orcid.org>

(Hirsch (H) Index, i10-Hirsch (H), normalized Index, total number of quotes, median number of quotes by article)

SELECTED PUBLICATIONS

National Magazines

- M. De Angelis, **G. Vinciguerra**, M. Gentile, A. De Angelis, C. Pacitti, "Partecipazione del Metabolismo anaerobico alattacido durante una seduta di ginnastica aerobica", Italian of Journal Sport Science 1995; 2: 30-37
R. Scaramucci, **M.G. Vinciguerra**, M.R. D'Andrea, "L'acroaerobica: le kippe", Gente di Sport N2 Ottobre 1997; 42-44.
M.G. Vinciguerra, R. Scaramucci, M.R. D'Andrea, "L'acroaerobica: mobilità articolare ed estensibilità muscolare", Gente di Sport N.1 MAGGIO1998: 42-43.
F. Bizzarri, **G. Vinciguerra**, P. Raimondi, G. Costanzo, "Scoliosi: Riflessi della valutazione radiologica sulla prevenzione e terapia", Neuroradiologia 1999, 12: 185-186
F. Bizzarri, A. Cacchio, M. De Carolis, A. De Antoni, **G. Vinciguerra**, G. Costanzo, "Aspetti epidemiologici e clinici in microtraumatologia dello sport", La Ginnastica Medica 1999. Volume XLVII-Fasc 5-6: 5-8
A. Di Giacomo, F. Bizzarri, **M.G. Vinciguerra**, "Handicap e sport: la determinazione normativa dei protocolli per la concessione ai disabili dell'idoneità della pratica sportiva agonistica nel contesto delle disposizioni sulla tutela sanitaria della attività competitiva", Italian Journal of Sport Science 2000; 7 (1): 46-49
M.G. Vinciguerra, P. Partenza, M. Agelao, A. Filoni, P. Cellococo, "Correlazione tra patologie del rachide e disfunzioni dell'A.T.M. mediante studio baropodometrico computerizzato", Italian Journal of Sport Science, Anno VII N. 2 Luglio-Dicembre 2000; 45-48
F. Bizzarri, P. Raimondi, **M.G. Vinciguerra**, A. Filoni, M. Agelao, P. Cellococo, A. Di Francesco, "Risultati di una FKT specifica nel mal di schiena da osteoporosi della terza età", Italian Journal of Sport Science, Anno VIII N. 1 2001; 8 (1) 49-50
P. Raimondi, F. Bizzarri, G. Costanzo, **M.G. Vinciguerra**, "Proteggi la tua schiena", Monografia, Marrapese Editore – Roma, 2001
A.P. Santaroni, F. Bizzarri, **M.G. Vinciguerra**, A. Di Francesco, A. Giuliano, "Influenza della rieducazione su postura ed equilibrio nei soggetti con scoliosi", La Ginnastica Medica. Schena Editore Volume XLIX Fascicolo 3-4 Anno 2001



	<p>R. Di Gimignani, R Manno, M.G. Vinciguerra, "Utilizzo del lattato ematico nella valutazione della capacità di resistenza: alcune problematiche inerenti la frazione di sangue e il sito di prelievo". Atletica Studi, Vol. 35, n 4/2002 ottobre-dicembre 3-16.</p> <p>M.G. Vinciguerra, L. Cappelli, A. Zulli, R. Scaramucci, "La pre-acrobatica". Facoltà di Scienze Motorie" Gruppo Vitawell Spa, Monteprandone (Ap), 2003.</p> <p>M.R. Cesarone, M.G. Vinciguerra, G. Belcaro, C Ricci, " Esercizio & re training e malattie cardio-vascolari". Edizioni Minerva Medica, Torino, 2003.</p> <p>MR. Cesarone, G.Belcaro, U. Cornelli, A. Di Renzo, F. Mucci, M. Dugall, M. Cacchio, M.Cornelli, R. Adovasio, F. Fano, A. Ricci, S. Stuard, G.Vinciguerra. Prevenzione di Episodi influenzali con colostro in confronto con la vaccinazione. Gazz. Med Ital.- Arch. Sci. Med. 2005; 164: 163-9.</p> <p>R Scaramucci, M.G. Vinciguerra, Dizionario delle Scienze Motorie e Tecnica dell'Educazione Fisica, Serena Editore 2016 Pubblicazione di un libro I volume dal titolo il Dizionario delle Scienze Motorie e Tecnica dell'Educazione Fisica, autori R. Scaramucci, M.G Vinciguerra codice ISBN 978 88 89637 15 9 Editore SERENA SRL numero pagine 2071 mese settembre - anno 201615/09/2016</p> <p>CONI Regionale REPORT 2017 Progetto Scuola in Movimento</p> <p>CONI Regionale REPORT 2018 Progetto Scuola in Movimento</p> <p>CONI Regionale REPORT 2019 Progetto Scuola in Movimento</p> <p>Magazine International</p> <p>M. De Angelis, G. Vinciguerra, A. Gasbarri,C. Pacitti., "Oxygen uptake, heart rate and blood lactate concentration during a usual training session of an Aerobic Dance class", European Journal of Applied Physiology. 1998 Vol 18:121-127</p> <p>G. Belcaro, M.R. Cesarone, M.G. Vinciguerra et al, "Fingerprints patterns in low risk cardiovascular subjects. The San Valentino fingerprint vascular screening project" Angeiologie, 2003, Vol 55, n° 2 41-46</p> <p>G. Belcaro, M.R. Cesarone, M.G. Vinciguerra et al, "Prevention of venous Thrombosis with elastic stockings during long-haul flights: The LONFLIT 5 JAP study" Clin Appl Thrombosis/Hemostasis 9(3): 2003;</p> <p>G. Belcaro, M.R. Cesarone, M.G. Vinciguerra et al, "Clinical & applied thrombosis and hemostasis prevention of venous thrombosis in long-haul flights with FLITE. The LONFLIT-FLITE randomized, controlled trial. Angiology 2003:</p> <p>Cesarone MR, Belcaro G, Nicolaides AN, Ricci A, Geroulakos G, Ippolito E, Brandolini R, Vinciguerra G, Dugall M, Griffin M, Ruffini I, Acerbi G, Corsi M, Riordan NH, Stuard S, Bavera P, Di Renzo A, Kenyon J, Errichi BM. Prevention of venous thrombosis in long-haul flights with Flite Tabs: the LONFLIT-FLITE randomized, controlled trial. Angiology. 2003 Sep-Oct;54(5):531-9.</p> <p>M.R. Cesarone; Vinciguerra M; G. Belcaro; C Ricci " Esercizio & Re Training E Malattie Cardio-Vascolari" Minerva Medica 2003</p> <p>BM. Errichi, MR. Cesarone, G. Belcaro, R. Marinucci, A.Ricci, A. Ippolito, R. Brancolino, G. Vinciguerra et All. Prevention of Recurrent Deep Venous Thrombosis with Sulodexide: The San Val Registry. Angiology 55: 234-249, 2004</p> <p>Cesarone MR, Belcaro G, Pellegrini L, Ledda A, Di Renzo A, Vinciguerra</p>
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	<p>antagonist (nifedipine) or angiotensin-converting enzyme inhibitors with Pycnogenol. <i>Clin Appl Thromb Hemost.</i> 2006 Oct;12(4):440-4. PMID: 17000888</p> <p>Cesarone MR, Belcaro G, Rohdewald P, Pellegrini L, Ledda A, Vinciguerra G, Ricci A, Gizzi G, Ippolito E, Fano F, Dugall M, Acerbi G, Cacchio M, Di Renzo A, Hosoi M, Stuard S, Corsi M. Rapid relief of signs/symptoms in chronic venous microangiopathy with pycnogenol: a prospective, controlled study. <i>Angiology.</i> 2006 Oct-Nov;57(5):569-76. PMID: 17067979</p> <p>Cesarone MR, Belcaro G, Pellegrini L, Ledda A, Vinciguerra G, Ricci A, Gizzi G, Ippolito E, Fano F, Dugall M, Acerbi G, Cacchio M, Di Renzo A, Hosoi M, Stuard S, Corsi M. Circulating endothelial cells in venous blood as a marker of endothelial damage in chronic venous insufficiency: improvement with venoruton. <i>J Cardiovasc Pharmacol Ther.</i> 2006 Mar;11(1):93-8. PMID: 16703224</p> <p>Cesarone, M. R.; Belcaro, G.; Cornelli, U.; Di Renzo, A.; Mucci, F.; Dugall, M.; Cacchio, M.; Cornelli, M.; Adovasio, R.; Fano, F.; Ledda, A.; Ricci, A.; Stuard, S.; Vinciguerra, G.; Mora. Vorbeugung von grippalen infekten mit colostrum 1. KOMPLEMENTÄRE UND INTEGRATIVE MEDIZIN. Vol.48 fasc. 10 pag. 22-28, 2007</p> <p>Cesarone MR, Belcaro G, Di Renzo A, Dugall M, Cacchio M, Ruffini I, Pellegrini L, Del Boccio G, Fano F, Ledda A, Bottari A, Ricci A, Stuard S, Vinciguerra G. Prevention of influenza episodes with colostrum compared with vaccination in healthy and high-risk cardiovascular subjects: the epidemiologic study in San Valentino. <i>Clin Appl Thromb Hemost.</i> 2007 Apr;13(2):130-6. PMID: 17456621</p> <p>Belcaro G, Cesarone MR, Errichi BM, Di Renzo A, Errichi S, Ricci A, Gizzi G, Dugall M, Cacchio M, Ruffini I, Fano F, Vinciguerra G, Grossi MG. Improvement of microcirculation and healing of venous hypertension and ulcers with Crystacide: evaluation with a microcirculatory model, including free radicals, laser doppler flux, and PO₂/PCO₂ measurements. <i>Angiology.</i> 2007 Jun-Jul;58(3):323-8. PMID: 17626987</p> <p>Danubio ME, Miranda G, Vinciguerra MG, Vecchi E, Rufo F. Comparison of self-reported and measured height and weight: Implications for obesity research among young adults. <i>Econ Hum Biol.</i> 2008 Mar;6(1):181-190. Epub 2007 Apr 8. PMID: 17482531</p> <p>Vinciguerra M, Di Angelo L, Bella R, Di Stefano P, Danubio M E (2008). The analysis of posture by means of a geometric method for the determination of the simmetry line of the vertebral column. In: In Proceeding of International congress of EUFAPA, October 9 – 11 2008, Torino, Italy. R. Bella; G Di campli; A. Ponziani; Di Giulio A.; M G. Vinciguerra; M.E. Danubio Sovrappeso, obesita' ed attività motoria in bambini di 6-10 anni della provincia dell'Aquila (Abruzzo Italy) – International Journal of Anthropology, vol. 23 pag 112-116, 2008</p> <p>Cesarone MR, Belcaro G, Agus G, Georgiev M, Errichi BM, Marinucci R, Errichi S, Filippini A, Pellegrini L, Ledda A, Vinciguerra G, Ricci A, Cipollone G, Lania M, Gizzi G, Ippolito E, Bavera P, Fano F, Dugall M, Adovasio R, Gallione L, Del Boccio G, Cornelli U, Steigerwalt R, Acerbi G, Cacchio M, Di Renzo A, Hosoi M, Stuard S, Corsi M, Di Ciano L, Simeone E, Collevecchio G, Grossi MG, Di Giambattista F, Carestia F, Zukowski A. Management of superficial vein thrombosis and thrombophlebitis: status and</p>
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